

### **1.3.1. Institution integrates cross cutting issues relevant to Gender, Environment and Sustainability, Human Values and professional Ethics into the curriculum.**

#### **COCURRICULAR AND EXTRACURRICULAR ACTIVITIES AT BANGALORE CITY COLLEGE**

Bangalore City College continually strives to enable the students to develop their intellectual and emotional skills. For this purpose various activities are conducted during the year.

Some of the important activities are as follows

- Environment day celebration
- World water day
- Breast cancer Awareness
- Self-defence techniques for women
- Free dental check up
- Blood donation drive
- Programme on Human Rights





In order to bring awareness about the environmental issues and the responsibilities of citizens towards their environment, Environmental day was celebrated on 05/06/2018. It was organised by the Biotechnology, Biochemistry and B.com department.

The chief guest spoke about the importance of the day and advised the students to protect the environment by not contributing to the pollution.

Saplings were planted at the old campus. The Students actively participated in the programme.

**WORLD WATER DAY** was celebrated on 22/ March/ 2019. The department of Life Science and Chemistry took the initiative to organise the World Water Day. Various competitions were organised. The students took active part in essay writing, collage making and cartoon drawing competition. The best among the students were awarded prizes.



**CANCER DAY** was observed by organising a lecture on Breast Cancer Awareness by a professional from My clinic care. She discussed the causes of cancer like adulterated foods, junk foods and fast life styles, uses of tobacco and alcohol and the importance of self-examination and the new innovations in clinical examination.





The International women's day was celebrated on 8th March 2019. A lecture on **SELF DEFENCE Techniques** was organised to educate women about their personal safety. Ms. Amera spoke about women empowerment and advised the women to exercise their freedom with caution. She spoke about the risks and behaviours of girl students and advised them to be bold and alert to be safe and also demonstrated some self-defence techniques for their safety and there by enjoy life and become successful citizens. Students actively participated in the competitions like Essay Writing, Collage Making and Poster Painting that where conducted pertaining to women and were awarded prizes.





**FREE DENTAL CHECK UP** was organised by Master of Social Work department on 1st April 2019. Students and faculties enthusiastically participated and were benefited. The department was convinced that many more events like this should be organised for the benefits of the students.



**A BLOOD DONATION CAMP** was organised by Master of Social work department on 2nd April 2019. About 60 students donated blood. Lions club was kind enough to help the blood donation camp.







**SWATCH BHARATH** seminar was conducted on Waste Management. Prof. Samuel was the resource person. He encouraged the participants to conserve the environment and warned the hazards of using plastics. It was organised on 16th March 2019. The participants were awarded certificates.





## Human Rights Celebration 2018

As we inch closer to the last month of the calendar year, one thing that cannot escape our attention is the Human Rights Day, celebrated every year on December 10. This year, 2018, also marks the 70<sup>th</sup> anniversary of Universal Declaration on Human Rights (UDHR), 25<sup>th</sup> Anniversary of the Paris Principles, 25<sup>th</sup> Anniversary of the Vienna World Conference on Human Rights and 20<sup>th</sup> anniversary of UN Declaration on Human Rights Defenders. Apart from that, Human Rights Day - 2018 also assumes greater significance in the wake of increasing attacks on human rights defenders, like Sudha Bharadwaj, Gautam Navlakha, Arun Ferrira, Vernon Gonsalves, Varavara Rao among others, and human rights institutions like Amnesty, Greenpeace, Navsarjan Trust and many others.

Every year, St Joseph's College, SICHREM, Indian Social Institute, Bengaluru and a few other institutions and organizations used to join together to celebrate this event from December 1-10. This year, many more organizations and educational institutions like St Joseph's College, Bangalore City College, St Joseph's Commerce College, Mount Carmel College, Indian Social Institute- Bengaluru, SICHREM, HRDA, CARE, Bangalore Central University and over 30 other organizations and educational institutions are coming together to organize this ten day event **"CELEBRATING HUMAN RIGHTS"** from December 1<sup>st</sup> to 10<sup>th</sup> of December.

### Day 1

December 1<sup>st</sup> is observed as World AIDS Day. The inauguration of Human Rights Week Celebrations was held at 10 pm In St. Joseph's College of commerce. The chief guest was Justice D.H Waghela, Chairman of Karnataka State Human Rights Commission and Smt .Hemalatha Mahishi, Senior Advocate. Around 50 NSS volunteers gathered for an AIDS symbol formation. Thereafter, the session by Dr. Veena Maria Saldanha, Clinical Counselor Anti-Retroviral Centre (ART), St. John's Hospital, Bangalore who interacted with the students which focused on basic facts about HIV, Causes, Symptoms and treatment.

### Day 2

December 2<sup>nd</sup> is observed as Child Rights Day  
Around 50 volunteers from SJC geared up to welcome over 150 children from KS garden slum, LR Nagar Slum and Government school .the day began with numerous sports events and games. Post lunch a cultural programme was organized which included performances by all children, distribution of prizes.

### Day 3

December 3<sup>rd</sup> is observed as World disabilities day.

It's an overwhelming joy to see such huge participants from across our campus. Students from various streams took part in the following activities depicting vivid difficulties of disabled friends.

Day 8

December 8<sup>th</sup> is observed as Sexual Minorities

Human Rights Public Awareness Programme held at MG Road, Majestic and Yeswanthpur Metro stations which were organized by Ondede. The awareness equality, Gender discrimination, Sexual minorities and so on.

Theater event was performed by Shooya at SJC campus, which depicts on Women's Rights.

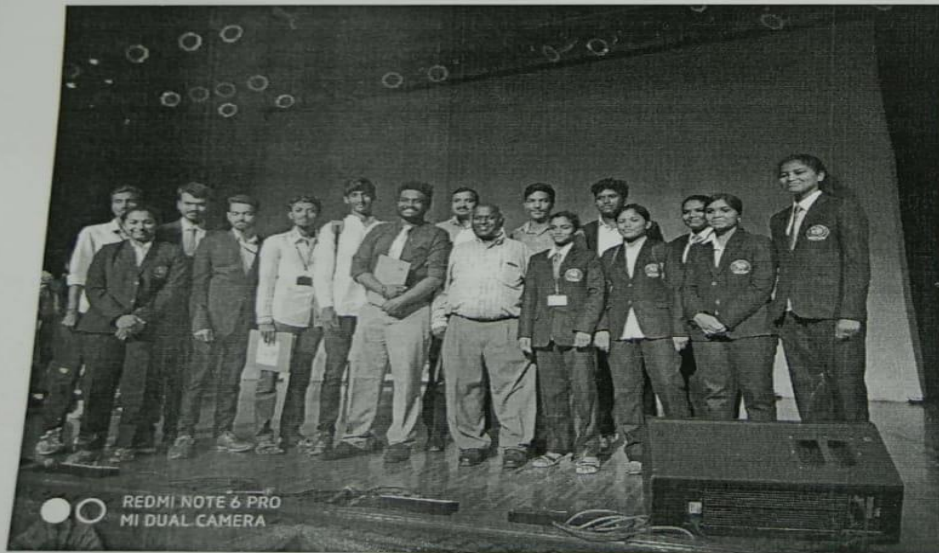
An Evening of Poetry Organized by kaavyaSanje and Sagama in courtyard , Shantinagar.

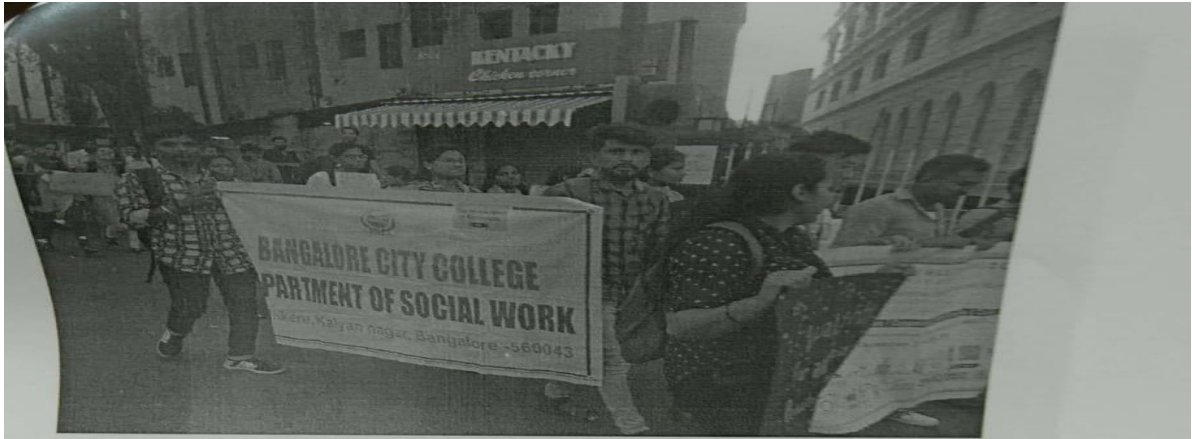
Around 15 members from various country read there poems, which was ended by Gauri Lankesh documentary.

Day 9

December 9<sup>th</sup> is observed as Citizens Rights and roles in governance, Defend the Defenders Workshop conducted by Ms. Katheyani which was held at Indian Social Institute Bangalore on topic Citizens Rights and roles in governance.

Defend the defenders, the chair person for the event Mr. Manohar (Care) and Amensty International. Students Mueen (BCA), Sanath (PEM), Abhilash (BCA) and Ilamathi( IES) from SJC presented about Human Rights defenders.





**Day 10**

December 10<sup>th</sup> is observed as World Human Rights Day

In Commemoration of International Human Rights Day, a session was conducted on the theme UDHR by Mr. Mathews Philip , SICHREM. The students were divided in to various teams, which focused on the articles.

The second Session was on Constitution, conducted by vasanthAdityan (Advocate). He started his session on the constitution of India which was Dr.B.R.Ambedkar. He also had an interaction session with students which brought the essence of the theme.

Human rights Celebration was concluded by a valedictory programme in our college auditorium. The chief guest for the programme was H.S.Doreswamy (Noted Freedom Fighter). Dr. Fr. MelwynD'Cunha SJ., Rector of our College and many other dignitaries from various colleges and collaborators were present. Around 800 Students, Collaborators and organization head were also present for the programme.

The 10 day programme was concluded by a walk from SJC,viakanteerva stadium and reaching the steps of town hall, in support of Human Rights Defenders. The candle light vigil was organized and Mr. Manohar Executive Director of CARE addressed the pledge.

